



Equipment list for Knitting in the North

Boots and Clothing – an opportunity to show off your beautiful handknits:

- Comfortable clothes for the workshops.
- Slippers.
- Light Hiking Boots – The boots should be comfortable to walk in and give sufficient ankle support, intended for short walks.
- Long sleeve shirt (thermal underwear) – Wool or synthetic.
- Warm wool or fleece sweater (2nd layer).
- Rain Jacket or an Anorak with hood – Preferably waterproof and breathable material.
- Rain trousers – Waterproof and breathable material.
- Mittens – Wool or synthetic (optionally waterproof).
- Socks – Wool or synthetic. Two or three pairs.
- Hat or Balaclava – Wool or synthetic.

Other gear:

- A small Backpack for the day excursions. Size: 25 – 30 litres.
- Swimsuit.
- Towel.
- Toothbrush.
- Sunglasses – Big enough to cover the eyes and with sufficient UV-protection.
- Sun protection.

Knitting equipment:

- Circular needle, long and flexible, and double pointed needles 4 and 4,5 mm/US 6 and 7
- Crochet hook nr 3/US C2 or D3
- Small safety pins: at least 4
- Darning needle
- Scissors
- Sketchbook and pen
- Any extra knitting equipment such as sets of needles in different sizes (5, 5 1/2 and 6 mm / US 8, 9 and 10 are common for lopi sweater), stitch markers, tape measure, pocket calculator, paper graph.
- Your spindle if you have one

Optional gear:

- Walking poles.
- Camera, spare batteries and a memory card or films.
- Ear plugs